

Directive Counselling	Non-Directive Counselling
Directive counselling is the process of listening to a member's problem, deciding with the member what should be done, and then encouraging and motivating the person to do it.	Nondirective, or client-centred, counselling is the process of skilfully listening to a counselee, encouraging the person to explain bothersome problems, and helping him or her to understand those problems and determine courses of action.
Time saving	Time Consuming
Counsellor is Active	Counsellor is Passive
Emphasis on the problem	Emphasis on individual
Intellectual aspects	Emotional aspects
Counsellor Centred	Client Centred
Methodology is Direct	Methodology is Indirect
Solution of the problem is the primary goal	Independence and integration of the client is the primary goal
Solve immediate problems	Deals with self-analysis and new problems of adjustment may be taken care of
Use psychological assessment data	May not use psychological assessment
Help offered by counsellor to take decisions	Client takes his own decisions